

**How to be a Thermostat in a World  
Full of Thermometers - part 2**

*(Ephesians 5:16-21)*

the **urgency** (vs. 16)

the **understanding** (vs. 17)

today - the **unction** (vs. 18-21)

**The Filling of the Holy Spirit (vs. 18)**

*“And do not get drunk with wine, for that is  
debauchery, but be filled with the Spirit.”*

“**drunk**”: “methusko. To become  
\_\_\_\_\_!”

“**filled**”: “to fill up, to cause to abound, to  
furnish or supply liberally, to flood.” (Wuest)

**Acts 2:4. Acts 2:12-13.**

*Do not get drunk with wine, for that is  
wickedness (corruption, stupidity),  
but be filled with the [Holy] Spirit and  
constantly guided by Him. (Amplified)*

**The Results of the Filling (vs. 19-21)**

#1 \_\_\_\_\_ (vs. 19)

*“singing psalms and hymns and spiritual  
songs among yourselves, and making  
music to the Lord in your hearts.”*

#2 \_\_\_\_\_ (vs. 20)

*“And give thanks for everything to God  
the Father in the name of our Lord  
Jesus Christ.”*

**1 Thessalonians 5:18**

**Philippians 4:6**

**Hebrews 13:15**

#3 \_\_\_\_\_ (vs. 21)

*“And further, submit to one another out of  
reverence for Christ.”*